



**Shri Vaishnav Vidyapeeth Vishwavidyalaya, Indore**  
**Shri Vaishnav Institute of Social Sciences, Humanities and Arts**  
**Choice Based Credit System (CBCS) in Light of NEP-2020**  
**M.A./M.Sc. Psychology/Applied/Clinical/Counselling/Cyber**  
**Psychology/ Palliative Care**

COURSE CODE	CATEGORY	COURSE NAME	TEACHING & EVALUATION SCHEME								
			THEORY			PRACTICAL		L	T	P	CREDITS
			END SEM University Exam	Two Term Exam	Teachers Assessment*	END SEM University Exam	Teachers Assessment*				
MAPSY101	CC	Theories and Systems of Psychology	60	20	20	0	0	3	0	0	3

**Legends:** L - Lecture; T - Tutorial/Teacher Guided Student Activity; P – Practical; C - Credit;

\***Teacher Assessment** shall be based following components: Quiz/Assignment/ Project/Participation in Class, given that no component shall exceed more than 10 marks.

**Course Educational Objectives (CEOs):**

**CEO1:** To provide a vast knowledge about the field of psychology both historic and current.

**CEO2:** To know the major psychologist and the ideas, theories and schools with which they are associated and the beginning era of experimental psychology.

**CEO3:** To understand the positive orientation of psychology concerning human behavior in a positive context.

**CEO4:** To know the origin of depth theories and their contributions to develop modern theories of psychology.

**CEO5:** To provide the basic information about indigenous psychological knowledge systems.

**Course Outcome (COs):** The students will be able to:

**CO1:** Construct an understanding of prehistory and the history of psychology and understand the significant philosophical and scientific events that influence the development of the discipline.

**CO2:** Develop critical thinking related experimental psychology and ideas of different psychologists.

**CO3:** Identification and evaluation of humanistic approaches and their contributions in positive fields of psychology.

**CO4:** Describe the key figures of depth theories and their contributions to develop modern theories of psychology.

**CO5:** Develop a critical understanding of Indian thoughts and be able to characterize the Indian psyche.

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MAPSY101	CC	Theories and Systems of Psychology	60	20	20	0	0	3	0	0	3

**MAPSY101**  
**Theories and Systems**  
**of Psychology**

**Contents**

**Unit I: Historical Roots and Development of Psychology**

Systems and Emergence of Psychology, Psychology as science; Historical Origins: Pre-Experimental period- Science among Greeks, British Empiricism, and German, Nativism. Current fields of Psychology

**Unit II: Beginning of Experimental Psychology**

**Psychophysics:** Contribution of Weber and Galton.  
**Structuralism:** Wundt and Titchener  
**Functionalism:** William James

**Unit III**  
**Positivist Orientation in Psychology**

**Behaviorism:** Basic Postulates and Subject Matter, Contributions of Watson and Skinner  
**Humanistic and Existential Approaches:** Basic Tenets, Contributions of Carl Rogers and Ludwig Binswanger  
**Cognitive Psychology:** Contributions of Jean Piaget and Noam Chomsky

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**Unit IV**

**Depth Psychology**

**Freudian Psychoanalysis**, Neo Freudians, and the shift towards social and cultural - Carl Jung's concept of archetypes and collective unconscious.

**Gestalt psychology**: Contributions of Wertheimer, Kohler and principle of perceptual organization.

**Unit V**

**Eastern Influences and Indian Psychology**

Hinduism, Buddhism and Sufism. Development of Psychology in India. Nature of consciousness, mind and mental functions as understood in Samkhya: Yoga and Vedanta

**Suggested Readings:**

- Brock, A.C., (2006). **Internationalizing the History of Psychology**. NY: NYU Press.
- Chaplin, T. and Kraweic, T.S. (1979). **Systems & Theories of Psychology**. New York; London: Holt, Rinehart and Winston.
- Wolman, B.B. (1960). **Contemporary Theories & Systems in Psychology**. New York: Harper and Row.
- Wolman, B.B. (1961). **Handbook of general psychology**. New York: Harper and Row.
- Singh, A. K (1991), **A Comprehensive History of Psychology**, Motilal Banarsi Das Publication, New Delhi.

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MAPSY102	CC	Theories of Personality	60	20	20	0	0	3	0	0	3

**Legends:** L - Lecture; T - Tutorial/Teacher Guided Student Activity; P – Practical; C - Credit; \*Teacher Assessment shall be based following components: Quiz/Assignment/ Project/Participation in Class, given that no component shall exceed more than 10 marks.

**Course Educational Objectives (CEOs):**

**CEO1:** Understand the term personality through various approaches and its application indifferent walks of life.

**CEO2:** Understand the difference between psychoanalytic and neo psychoanalytic theories of personality.

**CEO3:** Comprehend the centrally important theories and approaches of personality.

**CEO4:** Understand the individual differences through trait approaches of personality.

**CEO5:** Impart various research and assessment methods to measure personality.

**Course Outcomes:** Students will be able to-

**CO1:** Define personality and demonstrate interpersonal awareness and sensitivity to differences and similarities in the way people are treated due to gender, race, ethnicity, culture, class, and sexual orientation.

**CO2:** Differentiate between psychoanalytic and neo-psychoanalytic theories of personality

**CO3:** Describe behaviorist and humanistic-existential approaches to personality.

**CO4:** Recall the trait approach and identify issues related to personality.

**CO5:** Demonstrate the application of different personality assessment methods.

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MAPSY102	CC	Theories of Personality	60	20	20	0	0	3	0	0	3

**MAPSY102**  
**Theories of Personality**

**Contents**

**Unit I**

**Introduction to Personality-** Definitions and Nature of Personality; Approaches: Idiographic and Nomothetic; Role of Heredity and Environment in Personality Development.

**Unit II**

**Psychoanalytic and Neo-Psychoanalytic Theories of Personality-** Sigmund Freud: Classical Psychoanalysis; Carl Jung: Analytic Psychology, Alfred Adler: Individual Psychology, Horney: Neurotic Needs and Trends

**Unit III**

**Humanistic Approach to Personality -** Abraham Maslow: Hierarchy of Needs & Carl Rogers: Self Theory

**Existential Approach to Personality-** Viktor Frankl.

**Social- Learning Approach-** Albert Bandura, Erik Erikson

**Unit IV**

**Trait Approach-** G. Allport, Raymond Cattell, Hans. J. Eysenck, Five Factor Model – Costa & McCrae.

**Unit V**

**Personality Assessment Methods-** Concept of Objective and Projective Assessment Methods; Difference between tests and assessments; Types of Tests – NEO-FFI, MMPI, MCMI, Computerized testing, TAT, Rorschach Test, Sentence Completion Test

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MAPSY102	CC	Theories of Personality	60	20	20	0	0	3	0	0	3

**Suggested Readings:**

- Buck, R. (1976). **Human Motivation and Emotion**, New York: Wiley.
- Frager, R. & Fadiman, J. (2007). (6th Edn). **Personality and personal Growth**. Pearson Prentice Hall, India.
- Hall, C.S., Lindzey, G., & Campbell, J.B. (2007). **Theories of Personality**. Wiley: India.
- Schultz, D.P & Schultz, E.S. (2005). **Theories of Personality**. Delhi: Thomson Wadsworth.

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MAPSY103	CC	Experimental Psychology	60	20	20	30	20	2	0	2	3

**Legends:** L - Lecture; T - Tutorial/Teacher Guided Student Activity; P – Practical; C - Credit;

\***Teacher Assessment** shall be based on the following components: Quiz/Assignment/ Project/Participation in Class, given that no component shall exceed more than 10 marks.

**Course Educational Objectives (CEOs):** The students will be able to:

CEO1: Know concept and nature of experimental psychology.

CEO2: Identify the nature and theory of perception and psychophysics.

CEO3: Study the recent experimental outcomes of learning and memory.

CEO4: Understand the various models of thinking and psycholinguistics.

**Course Outcomes (COs):** The student should be able to:

CO1: Explain the concept and nature of experimental psychology.

CO2: Demonstrate the theory of psychophysics.

CO3: Apply the various experimental findings of learning, memory and thinking.

CO4: Analyze the various models of thinking and psycholinguistics.

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MAPSY103	CC	Experimental Psychology	60	20	20	30	20	2	0	2	3

**MAPSY103**  
**Experimental Psychology**

**Contents**

**Unit I**

**Fundamentals of Experimental Psychology:** Meaning and Characteristics of Experimental Psychology, Meaning of Sensation, Sensory processes - Vision and Auditory, Concept of Experimental Cognitive Psychology. Methods used in Experimental Psychology.

**Unit II**

**Perception and Psychophysics:** Meaning and Characteristics, Principles of perceptual Organization, Perceptual Constancies, Meaning of Psychophysics, Signal Detection Theory, Subliminal perception.

**Unit III**

**Theories of Learning:** Meaning and Characteristics of Learning. Experiments of Pavlov, Thorndike, Skinner, Kohler & Koffka, and Bandura.

**Unit IV**

**Memory:** Meaning and Types, Sensory memory: Iconic & Echoic, STM, LTM, (Semantic & Episodic, Working Memory, Flashbulb memory); **Forgetting:** Theories of forgetting, Disuse, and Interferencetheory, Techniques of improve memory.

**Unit V**

**Language and Thinking:** Concept of Thinking, Higher Cognitive processes – Reasoning, Creativity. **Psycholinguistics** - Language origin, Definition and Aspects. Theories - Chomsky. Semantics, pragmatics syntax, characteristics of language.

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MAPSY103	CC	Experimental Psychology	60	20	20	30	20	2	0	2	3	

**List of Practical:**

- Muller-Lyer illusion
- Memory (STM)
- Human Maze Learning
- Retroactive Interference
- Mental Fatigue
- Size Weight Illusion

**Suggested Readings:**

- Shergill, H.K. (2012). **Experimental Psychology**. India. Prentice Hall
- Woodworth, R.S., Scholberg, H. (2008). **Experimental Psychology**. India. Oxford and Ibh Publishing.
- Andreas, B. G. (1960). **Experimental Psychology**. New Delhi: Willey.
- D'Amato, M.R. (1979). **Experimental Psychology**. Tata McGraw-Hill.
- Hakim, M.A. and Asthana, V. (1976). **Experimental Psychology**. Agra: Vinod Pustak Mandir.
- Hilgard, Ernest R. Bower, Gordon H. (1980). **Theories of Learning**. Pearson.
- Kling, Julius William, and Riggs, Lorrin Andrews (1971). **Woodworth and Scholberg Experimental Psychology**. Holt, Rinehart and Winston.
- Mcguigan, Frank J. (1978). **Experimental Psychology – A Methodological Approach**. Prentice Hall.

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MAPSY104	CC	Social Psychology	60	20	20	0	0	3	0	0	3

**Legends:** L - Lecture; T - Tutorial/Teacher Guided Student Activity; P – Practical; C - Credit;

\***Teacher Assessment** shall be based following components: Quiz/Assignment/ Project/Participation in Class, given that no component shall exceed more than 10 marks.

**Course Educational Objectives (CEOs):**

- CEO1: To know the science of social life and how we think about the world.
- CEO2: To understand who we are and how we perceive others.
- CEO3: To learn how to respond to the social world.
- CEO4: To inculcate social influence practices in interpersonal relationships.
- CEO5: To know the consequences of belonging and nature of aggression.

**Course Outcomes (COs):** The student will be able to:

- CO1: Describe the world and social life around us.
- CO2: Answer the question “who am I and others”.
- CO3: Evaluate stereotypes, prejudices, and discrimination in the social world.
- CO4: Influencing and helping others in a close relationship.
- CO5: Attain personal happiness by effectively dealing with adversity.

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MAPSY104	CC	Social Psychology	60	20	20	0	0	3	0	0	3	

**MAPSY104**  
**Social Psychology**

**Unit I**

**Social Psychology-** Concept, Nature, Principles, Causes of Social Behavior and Thoughts; Social Cognition- Heuristics, Schemas, Affect.

**Unit II**

**Social Perception-** Non-Verbal Communication, Attribution, Impression Formation and Self Esteem.

**Unit III**

**Attitudes-** Attitude Formation, Cognitive Dissonance; Stereotyping, Prejudice, and Discrimination.

**Unit IV**

**Intrapersonal Relationships and Social Influence:** Intrapersonal Attraction, Close Relationships and Love, Social Influence: Conformity, Compliance, and Obedience; Prosocial Behavior.

**Unit V**

**Aggression and Group Behavior:** Aggression; Groups and Individuals: Decision Making; Dealing with Adversity, and Achieving a Happy Life.

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MAPSY104	CC	Social Psychology	60	20	20	0	0	3	0	0	3

**Suggested Readings:**

- Aronson, E., Wilson, T. D., & Akert, R. M. (2022). **Social Psychology** (10th ed.). Pearson.
- Smith, E. R., & Mackie, D. M. (2021). **Social Psychology** (4th ed.). Routledge.
- Fiske, S. T., Gilbert, D. T., & Lindzey, G. (Eds.). (2020). **Handbook of Social Psychology** (6th ed.). Wiley.
- Crisp, R. J., & Turner, R. N. (2020). **Essential Social Psychology** (4th ed.). Sage Publications.
- Van Lange, P. A. M., Kruglanski, A. W., & Higgins, E. T. (Eds.). (2020). **Handbook of Theories of Social Psychology** (2nd ed.). Sage Publications.
- Baumeister, R. F., & Bushman, B. J. (2021). **Social Psychology and Human Nature** (5th ed.). Cengage Learning.
- Kassin, S., Fein, S., & Markus, H. R. (2020). **Social Psychology** (11th ed.). Cengage Learning.
- Reis, H. T., & Sprecher, S. (Eds.). (2019). **Encyclopedia of Human Relationships** (2nd ed.). Sage Publications.

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			THEORY			PRACTICAL		L	T	P	CREDITS
			END SEM University Exam	Two Term Exam	Teachers Assessment	END SEM University Exam	Teachers Assessment				
MAPSY105	SEC	Field Study	0	0	0	0	50	0	0	6	3

**MAPSY105**  
**Field Study**

**Course Educational Objectives (CEOs):**

CEO1: To provide an opportunity for students to apply theoretical concepts in real life situations.

CEO2: To enable students to manage resources, work under deadlines, identify and carry out specific goal-oriented tasks.

CEO3: To expose the students to various field study concepts.

**Course Outcomes (COs) - The student will be able to:**

CO1: Acquire research skills and capabilities to take up the project work.

CO2: Apply the learnt theoretical principles in practical settings.

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**M.A./M.Sc. Psychology/Applied/Clinical/Counselling/Cyber**  
**Psychology/ Palliative Care**

COURSE CODE	CATEGORY	COURSE NAME	TEACHING & EVALUATION SCHEME								
			THEORY			PRACTICAL		L	T	P	CREDITS
			END SEM University Exam	Two Term Exam	Teachers Assessment	END SEM University Exam	Teachers Assessment				
MAPSY106	SEC	Seminar	0	0	0	0	50	0	0	4	2

**MAPSY106**  
**Seminar**

Course Educational Objectives (CEOs): The students will be able to:

CEO1: To provide an opportunity to gain knowledge and skills through lectures, discussions and other interactive activities.

Course Outcomes (Cos): The students should be able to:

CO1: Apply the learnt theoretical principles in practical settings.

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COURSE CODE	CATEGORY	COURSE NAME	TEACHING & EVALUATION SCHEME								
			THEORY			PRACTICAL		L	T	P	CREDITS
			END SEM University Exam	Two Term Exam	Teachers Assessment	END SEM University Exam	Teachers Assessment				
<b>MAPSY107</b>	<b>CV</b>	<b>Comprehensive Viva</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>50</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>3</b>

Legends: L - Lecture; T - Tutorial/Teacher Guided Student Activity; P – Practical; C -

Credit; Q/A –Quiz/Assignment/Attendance, MST Mid Sem Test

**MAPSY107**  
**Comprehensive Viva**

Viva voce will be conducted towards the end of the semester which will be covering the complete syllabus. This will test the student’s learning and understanding during the course of their post graduate program. In doing so, the main objective of this course is to prepare the students to face interview both at the academic and the industrial sector.

Course Educational Objectives (CEOs): The students will be able to:

CEO 1: Provide an opportunity for students to apply theoretical concepts in real life situations

CEO 2: Enable students to manage resources, work under deadlines, identify and carry out specific goal- oriented tasks

CEO 3: Acquire speaking skills and capabilities to demonstrate the subject knowledge.

Course Outcomes (Cos): The students should be able to:

CO1: Exhibit the strength and grip on the fundamentals of the subjects studied during the semester

CO2: Comprehend all the courses studied in the entire program.

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